

# WHATEVER IT TAKES

We're problem-solving, frustration-fighting people  
on a mission to make your healthcare simpler.



From replacing ID cards to more complicated matters like claim resolutions, no request is too big or small for your MyQHealth Care Coordinators.

Think of us as your personal team of nurses, benefits experts and claims specialists who will do whatever it takes to support your unique healthcare needs. We're your one resource to contact whenever you need help with your medical, wellness or pharmacy benefits.

## Empowered and resourceful, MyQHealth Care Coordinators do things like:

- Verify coverage
- Provide health-education resources
- Advocate for your care
- Help manage chronic conditions
- Find in-network providers
- Contact providers to discuss treatment
- Answer claims, billing and benefits questions
- Create health-improvement plans
- Help reduce unnecessary, out-of-pocket costs

**WHATEVER IT TAKES TO  
MAKE YOUR HEALTHCARE  
WORK TO YOUR BENEFIT**

## We also help confirm precertification for services to make sure you're always covered.

- Inpatient and Skilled Nursing Facility Admissions
- Outpatient Surgeries
- MRI/MRA and PET scans
- Oncology Care and Services (chemotherapy and radiation therapy)
- Genetic Testing
- Home Health Care
- Hospice Care
- DME - all rentals and any purchase over \$1500
- Organ, Tissue and Bone Marrow Transplants
- Dialysis
- Partial Hospitalization and Intensive Outpatient for Mental Health/Substance Abuse



855-497-1230

**GuideStoneHealth.org**

Download our app  
**MyQHealth - Care Coordinators**

### Your Health Benefits

Provider Network: BCBS PPO,  
Blue High Performance Network  
Medical Claims Payer:  
Highmark BCBS  
Pharmacy Claims Payer:  
Express Scripts